

# ST. JOSEPH CATHOLIC CHURCH



EMBRACING  
the KINGDOM of GOD

## EASTER TRIDUUM 2024

THURSDAY, MARCH 28 - SUNDAY, MARCH 31

The Easter Triduum begins on Holy Thursday with the evening Mass of the Lord's Supper and continues through Good Friday & Holy Saturday, reaching its high point at the Easter Vigil.

### **March 28: Holy Thursday**

Mass of the Lord's Supper, 7:30 pm  
Adoration of the Blessed Sacrament, 8:30 pm

### **March 29: Good Friday**

Liturgy of the Word with Children, 11:00 am  
Celebration of the Lord's Passion, 3:00 pm  
Dramatization: Stations of the Cross, 8:00 pm

### **March 30: Holy Saturday**

Blessing of Festive Food, 3:00 pm, church  
Easter Vigil Mass, 9:00 pm

### **March 31: Easter Sunday**

Masses: 9:00 am, 11:00 am, 1:00 pm  
Liturgy of the Word with Children at 9 & 11 am Mass

### **HOLY THURSDAY**

- Incense is used at this Mass.
- During Mass you will be invited to bring a donation of a personal item for St. Lawrence Centre/Rotary House to the altar. e.g. socks, toothpaste, toothbrush, deodorant, soap, shampoo, razor, or towel.
- Bring bells to ring during the Gloria: hand bells, dinner bells, or any other delicate bells.
- The Blessed Sacrament is processed through the church at the end of Mass. It is proper to kneel.
- Depart from Mass in silence.
- Adoration of the Blessed Sacrament in the chapel following Mass until 12:00 Midnight.

### **GOOD FRIDAY - Celebration of the Lord's Passion**

- No water is in the baptism font.
- The ministers do not process in or out.
- Holy Land collection: This helps maintain Christian sites in the Holy Land and supports projects that help Christians remain and thrive in the region.

### **HOLY SATURDAY EASTER VIGIL**

- Gather around the Easter fire as early as 8:30 pm (outside, by the Bell Tower).
- Incense will be used at this Mass.
- Bring bells to ring during the Gloria.

### **Please Note:**

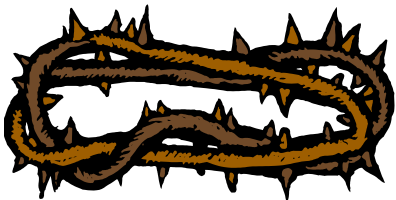
- **Confession** is not available on Holy Saturday.
  - **Easter Monday Mass** will be celebrated at 9:00 a.m.
- Parish Office Closed on Good Friday & Easter Monday.*

# Holy Week Information & Other Activities

## **Good Friday - Celebration of the Lord's Passion**

**No Mass** - Mass is not celebrated after Holy Thursday until the Easter Vigil on Holy Saturday. On Good Friday we remember the death of Jesus. There are three parts to the liturgy: Liturgy of the Word, Adoration of the Holy Cross and Holy Communion which was consecrated on Holy Thursday.

**Good Friday is a universal day of fasting and abstinence from meat.** Fasting means we have one regular meal and less at other meals, with no snacking, however, it is not intended to cause harm to your health. If you have a medical condition in which fasting is harmful you should not fast. When possible, we try to extend the discipline of fasting and abstaining from meat until after the Vigil on Holy Saturday. Christian fasting obtains its full meaning when we deprive ourselves of food, or unnecessary beverages, in order to be more open for prayer, to share more in the suffering of those who are starving and to save money to give to the poor. For an otherwise healthy person the law of abstinence from meat binds those who are 14 and older; the law of fasting binds those from 18 to 59 years of age.



**Good Friday Liturgy of the Word with Children - March 29 at 11:00 am** This service is intended for young children. We include this liturgy to try to help children understand why we celebrate on Good Friday - Jesus' passion for us, through his death on the cross.

*✠The Eucharist is not distributed at this liturgy.*

## **Good Friday at 8:00 pm - Dramatization:**

### ***The Stations of the Cross***

*Live dramatization of the 14 Stations:* A powerful re-enactment of Jesus' last journey to the cross. Experience what it was like to witness Jesus' final hours. *(Not suitable for younger children.)*

## **Blessing of Festive Food - Saturday, Mar. 30, 3 pm**

It is the tradition of people from many cultures to ask for God's blessing on the festive foods to be used at Easter. This blessing is celebrated on Holy Saturday. *Please ensure that candles do not drip onto the carpet.*



## **Holy Saturday Easter Vigil**

### **March 30, 9:00 to about 11:30 pm**

*(No 7:00 pm Mass)* St. Augustine said that the Easter Vigil is to be considered the most important of all vigils. On this night we celebrate the sacraments of initiation (Baptism, Confirmation, and Eucharist).

This Mass has four parts: Service of Light, Liturgy of the Word, Liturgy of Baptism and Liturgy of the Eucharist. By most ancient tradition this is the night of keeping vigil for the Lord. As we begin the vigil, the faithful, carrying lighted candles, should be like those looking for the Lord when He returns so that at His coming He may find us awake and have us sit at His table. This Mass satisfies your Sunday Mass obligation for Easter Sunday.

**Celebration of our newly baptized** Following the Easter Vigil join us in Tranquille Hall. Please bring a sweet (squares, cookies, etc.), fruit, or savory (cheese, crackers, etc.) food to share. Drop them off in the hall between 8:00 and 9:00 pm.

**Holy Water:** At the Easter Vigil we bless the Easter water, the water that will be used for baptisms. Please bring empty containers and take some of the Easter water. This water will be available until after Mass on Easter Sunday.